

GENERAL INFORMATION ABOUT SEPARATORS/SPACERS

The purpose of separators (small wire or rubber rings) is to create small spaces between the teeth so the “bands” can be easily placed. If separators start to loosen and wiggle up and down, don't worry, that's normal. Your teeth may be sensitive, but the discomfort will go away in a couple of days. You can take whatever medication you normally take for a headache.

Don't be afraid to brush around and over the separators; just don't floss them. Be sure not to chew gum or anything sticky because they will be pulled out of place.

Should a separator fall out, please call our office to make an appointment to replace it. If you have a Monday banding appointment and the spacer falls out over the weekend, don't worry about it. Just come in for your regularly scheduled appointment.

Please refer to our website.

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