

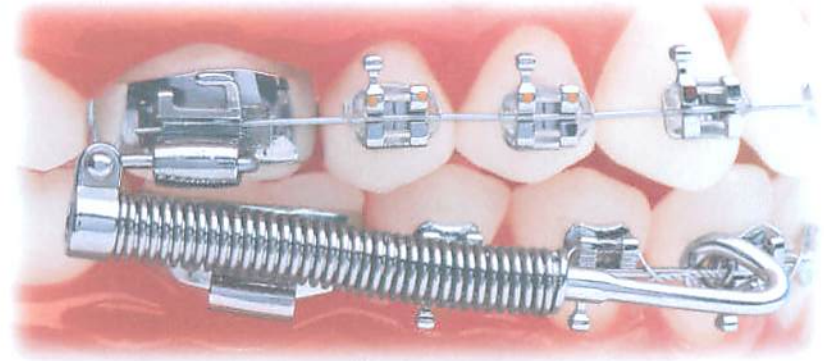
Wearing the Forsus™ Appliance



Today a special spring appliance has been installed onto your braces as part of an overall treatment plan prescribed by the doctor.

The Forsus™ appliance is specifically designed to help move your teeth to your doctor's recommended positions. In some cases, this may help reduce the need for you to wear headgear or have extractions of permanent teeth.

The Forsus™ appliance is designed to withstand normal intraoral forces and the constant use that can lead to breakage. But like all orthodontic appliances, it can be damaged or broken, especially if appropriate care is not taken. Here are some easy tips to ensure that your experience wearing the Forsus appliance is as efficient and trouble-free as possible.



It's important to keep all of your scheduled appointments to monitor progress.

Reviewed with Patient

Reminder Checklist

- The Forsus appliance will accommodate normal mouth opening for eating and speaking. It is recommended, however, that you try not to open your mouth extremely wide while you are wearing your appliance, otherwise it may deform, separate or loosen a molar band, requiring a return visit to the orthodontist's office.
- The appliance is designed to stay away from your teeth when you open or close your mouth. If, for some reason, it gets between your teeth, do not bite on it. Biting on the appliance may deform or break it, or cause injury to the inside of your mouth. Call your orthodontist if the problem occurs.
- As with any appliance worn inside the mouth, some discomfort or irritation may occur. Call your orthodontist if discomfort or irritation continues or if a sore develops in your mouth.
- Always be careful about what you eat. Avoid hard or sticky foods and be sure to reduce your food into smaller pieces. Brushing is always recommended after every meal. Take special care when brushing your teeth to avoid dislodging or separating the appliance.