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**Amherst Orthodontics Summer Newsletter**

**July 11, 2014**

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**Summer Office Hours**

To let the hard-working team at Amherst Orthodontics have time with their families, and enjoy some summer, please note our summer office hours are Monday - Thursday from 8 am to 5 pm.

Cheers to a fun and relaxing summer!

**Scholarship Awards**



The candidates for the Amherst Orthodontics Scientific Women's Scholarship offered amazing credentials this year. To be considered, the applicant must be a young woman, graduating in the top 10% of her class, who has a commitment to pursuing higher education in the health sciences. Awards were given to students from Souhegan High School, Milford High School, and Hollis Brookline High School

**Quick Links**

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**Summer Selfie Contest**

Take a selfie this summer while on vacation or just having fun at home. Post it on our practice Facebook page, then get your friends to visit our page and "like" & "share" your selfie post. The patient with the most likes & shares combined on our page will win a Movie Gift Basket. For more information visit our website at the link below. Have a great summer and take a great selfie!

[http://www.amherstorthodontics.com/happenings.php >](http://www.amherstorthodontics.com/happenings.php)

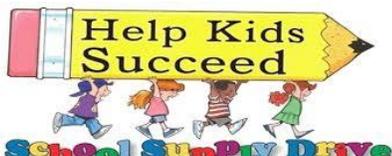
**Put Your Best Smile Forward with Invisalign**



Invisalign clear aligners are one of our most popular treatments for straightening teeth, and for good reason. In addition to their effectiveness in resolving a wide range of orthodontic issues, they are also clear, comfortable, and removable!

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**School Supply Drive**



Even though summer is in full swing, keep your eyes peeled for sales on school supplies. We have a summer



long **SCHOOL SUPPLY DRIVE** to benefit **SHARE**. Each item brought in earns you points or bucks on your Amherst Orthodontics rewards program. Join our community service project and make it a win-win! For a list of most needed items visit our website at the link below.

<http://www.amherstorthodontics.com/happenings.php> >

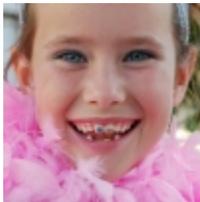
### Summer Smoothie Recipe



Ingredients: 1 banana, 3 cups of fresh berries, 1/2 cup of orange juice, 1 cup of vanilla yogurt.

Directions: Place all ingredients in blender. Blend well and serve immediately.

### Orthodontic Treatment for All Ages



The goal of orthodontic treatment, which may include the use of braces, retainers, or aligners, is to straighten your teeth, and if necessary, correct your bite. While patients typically begin treatment during their pre-teen or teenage years, many adults are also seeking the benefits of orthodontic treatment. Orthodontics is valuable at any age, because it addresses several

important issues...

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### Patient Surveys

"The team at Amherst Orthodontics has been fabulous. They gave us a series of treatment options along with an accurate assessment of Erika's teeth and bite. The treatment plan was outlined in a way that highlighted Erika's role in making the plan a success. The Spike Mobile made the periodic check-ups easy to schedule even though the office was not close to our home or Erica's School. The driver, Patty, made the trips fun. The results are great."

"Everyone at Amherst Orthodontics was always so friendly, understanding, caring and patient. Traveling from Concord, they always tried to accommodate our schedule. When the process first started, we had visited a few orthodontists. The final decision was left up to our daughter. She chose Amherst because it was where she felt most comfortable. She said everyone treated her as if she was important and not just a kid. They talked to her, not just to me as if she wasn't there. WE have been very happy with Amherst Orthodontics and would highly recommend them to anyone looking for a warm and caring orthodontic experience."

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