

Bonded Retainer



Bonded retainers are a great option for people who started with extensive crowding or spacing, or have busy lives and want a hassle-free approach to holding their correction.

What to expect:

- Bonded retainers are custom made with a surgical grade stainless steel wire.
- The wire is bonded (glued) to the tongue side of your teeth.
- Speech may be temporarily affected, but speaking more will help normalize it quickly.
- A cover retainer is included to wear over your bonded retainer at night.

Cleaning:

- Brush each tooth the wire is attached to with a vertical brush position.
- Daily flossing is extremely important to prevent tartar build up, which can block you from flossing.
- Floss threaders will aid you in flossing under your wire; an alternative is Super Floss.
- Please let us know if you have any trouble with flossing.
- Clean the cover retainer by brushing it with cold water for the same length of time you would brush your teeth. Warm/hot temperatures will distort the cover retainer.

Things to avoid:

- Avoid biting into hard foods (ie, carrots, apples, pizza crust) which can loosen the bonds. Instead, cut them up place on your back teeth to chew.

Repairs:

- If a glue pad detaches, wear your cover retainer full time and call the office to schedule repair.
- Repairs in the first year are warrantied. After that, there is a fee of \$120 for one glue pad and \$60 for each additional. A full replacement cost for the wire is \$360.
- Replacing your cover retainer \$350.

If your retainer breaks your teeth can shift. The sooner you notify us of a problem, the less time your teeth will have to move. If you opt to remove your bonded retainer, a removeable retainer should be worn to assure minimal movement going forward.